

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alesha Vovk	Lakewood OH	23	812	2	30:30.0
2	Bailey Gannon	Lakewood OH	23	708	6	33:57.7
3	Kathryn matson	Seven Hills OH	34	253	19	36:35.0

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Female 15 to 17

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Isabella Zolikoff	Olmsted Falls OH	15	686	89	44:05.2

Female 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Sierra Swigert	LAKEWOOD OH	23	241	42	39:28.8
2 *	Jillian Schaefer	Sylvania OH	21	114	59	41:24.2
3 *	Tracey Clifford	LAKEWOOD OH	24	187	77	43:03.9
4	Graicen Riley	N RIDGEVILLE OH	19	254	82	43:30.0
5	Olivia Dodd	Bay Village OH	18	174	105	45:17.7
6	Antonia Piazza	Fairview PA	21	178	108	45:30.5
7	Abigail Pierse		20	195	135	47:11.7
8	Grace Murnane	Westerville OH	19	819	199	51:44.5
9	Heather Walker	Butler PA	19	264	204	52:02.5
10	Leighanne Main	CLEVELAND OH	24	649	238	54:02.0
11	Jordan Koellner	Copley OH	21	217	252	55:37.2
12	Grace Corrigan	Avon Lake OH	22	859	302	1:02:51.2

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Taylor Hermler	WESTLAKE OH	27	4	28	37:40.8
2 *	Meredith	LAKEWOOD OH	29	184	58	41:01.9
3 *	Heather Snyder	Cuyahoga Falls OH	28	200	83	43:34.7
4	Lauren Zamborsky	Broadview Heights OH	27	158	97	44:34.7
5	Grace Niese	Bowling Green OH	27	198	100	45:02.8
6	Danielle McNulty	Lakewood OH	27	720	106	45:18.4
7	Danie Blankenship	Cleveland OH	29	159	113	46:09.9
8	Ellen Loftus	Lakewood OH	26	826	140	48:07.8
9	Samantha Mucha	BROOK PARK OH	29	272	158	49:02.9
10	Melissa Campbell	Bellevue OH	28	54	208	52:14.5
11	Jacklyn Jadrych	NORTH OLMSTED OH	27	179	214	52:23.9
12	Jessica Gottschick	North Royalton OH	27	811	224	53:19.8
13	Kaitlyn Redovian	Fairlawn OH	26	104	304	1:03:13.0
14	Samantha Orlosky	N RIDGEVILLE OH	28	88	310	1:07:50.5
15	DANA GANELLI	FAIRVIEW PARK OH	29	265	321	1:26:42.4

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Female 30 to 34

Place	Name	City	Age	Bib No	Overall	Time
1 *	Jillian Piteo	Chagrin Falls OH	34	140	49	40:07.6
2 *	Marissa Edwards	NORTH OLMSTED OH	34	56	87	43:59.4
3 *	Sara Sofranko	Parma OH	30	115	101	45:07.9
4	Samantha Zink	North Canton OH	30	63	114	46:11.2
5	Ashley Belzer	BAY VILLAGE OH	32	248	136	47:18.9
6	Ashley Radak	HARTVILLE OH	31	188	142	48:18.6
7	Sarah Golias	OLMSTED FALLS OH	32	22	177	50:35.4
8	Monica Callahan	Grafton OH	30	52	222	53:18.0
9	Julie Diemert	Mayfield Heights OH	34	222	241	54:07.9
10	Jamie Tropkoff	Wadsworth OH	33	117	244	54:20.3
11	Jordan Maiden	AMHERST OH	31	124	255	55:41.1
12	Chelsea Finley	Brunswick OH	31	183	258	55:55.6
13	Shauna Chadwick	Cleveland OH	31	718	275	57:44.6
14	Monika Barrios	CLEVELAND OH	32	228	279	58:21.0
15	Elise Haupt	Olmsted Falls OH	34	106	309	1:06:15.9

Female 35 to 39

Place	Name	City	Age	Bib No	Overall	Time
1 *	Laura Cobb	Sandusky OH	37	761	22	37:16.2
2 *	Kelly Smith	Fairview park OH	35	40	40	39:18.9
3 *	Jessica McCartney	Cleveland OH	35	817	50	40:07.7
4	Rebecca Eby	Cleveland OH	35	9	51	40:24.5
5	Christina Myslenski	CLEVELAND OH	35	100	61	41:33.1
6	Katie Skelly	Cleveland OH	36	92	65	41:54.8
7	Allison Kolodziej	lakewood OH	35	250	73	42:51.8
8	Keri Bove	Rocky River OH	35	30	75	42:57.1
9	Maureen Soeder	Cleveland OH	39	112	90	44:07.4
10	Heather Gorski	North Ridgeville OH	38	93	103	45:12.5
11	Amelia Morgan	Cleveland OH	36	207	141	48:14.9
12	Amy Keating	Cleveland Heights OH	38	270	143	48:22.4
13	Kelly Needham	Cleveland OH	36	236	148	48:41.2
14	JILLIAN SAMBROOK	CLEVELAND OH	37	282	161	49:24.4
15	Denise Kotkowski	Mantua OH	37	153	168	49:51.3
16	Jennifer Vozar	Parma OH	38	175	174	50:21.7
17	Julianne Houska	North Ridgeville OH	36	777	190	51:07.7
18	Kristin Deacon	Avon OH	38	138	193	51:11.6
19	Allison Diehl	Westlake OH	35	42	194	51:15.6
20	Erica Caranfa	Bellevue OH	37	50	207	52:14.4
21	Audra Marsick	Parma OH	35	746	217	52:50.7
22	Beth Furry	OLMSTED TWP OH	36	16	218	52:53.0

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
23	Shannon Musson	Cleveland OH	39	162	231	53:43.8
24	Sarah Vossler	BRECKSVILLE OH	36	65	235	53:49.0
25	Lindsey Verespej	Aurora OH	39	126	246	54:35.6
26	Megan Huber		37	113	254	55:40.5
27	Ashley Parry	Avon Lake OH	35	28	260	55:58.1
28	Terese Mallett	Cleveland OH	36	726	266	56:31.6
29	Cristina Mahl	BRUNSWICK OH	36	154	268	56:53.1
30	Susan Collins	North Olmsted OH	35	33	273	57:26.1
31	Michelle Wolford	Olmsted Twp OH	36	787	280	58:40.2
32	Marsha Loewenstin	Solon OH	38	768	286	59:45.0
33	Kristin Nelson	Avon OH	38	205	294	1:01:01.6
34	Kimberly Flanigan	North Ridgeville OH	38	202	295	1:01:12.9
35	Jennifer Gelske	N RIDGEVILLE OH	39	203	303	1:02:56.4

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Anne-Marie James	Brook Park OH	42	164	81	43:12.2
2	* Katy DiMuzio	Cleveland OH	41	743	93	44:21.9
3	* Kelly Lentz	Cleveland OH	41	193	119	46:19.6
4	Krissy Hansen	Cleveland OH	41	18	134	47:09.1
5	Jackie Nara	Bay Village OH	42	771	144	48:25.1
6	TRACI PROHASKA	CLEVELAND OH	42	44	157	49:02.4
7	Lucy Bilik-Hill	Westlake OH	43	275	160	49:24.4
8	Angel Walling	Brook Park OH	44	59	165	49:41.2
9	Julie Bray	North Ridgeville OH	44	231	170	50:03.7
10	Molly Kelly	North Olmsted OH	40	813	202	51:49.8
11	Katie Speer	Lakewood OH	42	757	221	53:09.7
12	Meg Ashdown	Grafton OH	42	831	242	54:11.2
13	Amy Van Ness	Brooklyn OH	44	846	265	56:15.2
14	Cindy Horn	Avon Lake OH	44	172	267	56:49.8
15	melanie drabiak	STRONGSVILLE OH	42	128	274	57:32.6
16	Leah Buzzelli	Avon OH	40	242	292	1:01:00.8
17	Stacy Ozanich	Elyria OH	44	785	301	1:02:50.6
18	Rita Axford	Elyria OH	41	273	305	1:04:06.9
19	Elizabeth Korun	MIDDLEBRG HTS OH	40	131	308	1:05:18.7

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
--------------	-------------	-------------	------------	---------------	----------------	-------------

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Aubrey Christ	Fairview Park OH	45	196	68	42:05.9
2 *	Holly Schafer	Cleveland OH	47	185	118	46:15.1
3 *	Mary Hillenbrand	WESTLAKE OH	48	269	126	46:48.1
4	Dawn Imler	Cleveland OH	48	225	132	47:07.6
5	Mary Harley	valley city OH	45	98	151	48:45.4
6	Robin Filkill	FAIRVIEW PARK OH	48	161	176	50:32.2
7	Kelly Jablonowski	Lakewood OH	48	148	185	50:56.4
8	Tammy Lokar	North Olmsted OH	48	111	196	51:19.1
9	Renee Brickman	CLEVELAND OH	46	204	229	53:27.8
10	Milisa Strain	CANTON OH	49	135	249	55:06.9
11	Shannon Hogan	Rocky River OH	46	256	251	55:25.9
12	Kathy Cruz	STRONGSVILLE OH	45	103	261	56:02.8
13	Susan Dunn	Fairview Park OH	48	72	270	57:12.6
14	Katrina Roberson	Cleveland OH	49	770	272	57:21.6
15	karen wright	Cleveland OH	48	168	276	58:04.8
16	Julie Dean	Avon OH	46	123	277	58:15.8
17	Laura Brewster	CLEVELAND OH	45	194	285	59:07.3
18	Jennifer Scavone	CLEVELAND HTS OH	46	169	287	1:00:03.8
19	Mary Katherine Carty	avon OH	45	149	293	1:01:01.2
20	Pamela Mullen	STRONGSVILLE OH	48	108	298	1:01:57.0
21	Deirdre Masterson	Rocky River OH	47	48	311	1:08:39.2
22	Susan Strauss		46	258	312	1:09:57.6
23	kathryn crestani	fairview park OH	47	129	314	1:11:58.1
24	T Derkacs	Cleveland OH	49	226	318	1:20:44.6

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gina O'Shea	Rocky River OH	53	283	69	42:27.6
2 *	Debra Waters	Brook Park OH	50	79	95	44:29.1
3 *	amy friedl	kirtland OH	52	268	98	44:53.0
4	Mary ellen Edinger	Huron OH	50	190	133	47:09.0
5	Karen Vacca	Cleveland OH	50	146	162	49:31.6
6	Erin McGuiness	CLEVELAND OH	53	160	188	50:59.7
7	Therese Benz		54	239	189	51:03.5
8	Cathy Dodd	Bay Village OH	53	32	219	52:54.0
9	Carole D'Amico	Lakewood OH	54	681	248	54:49.4
10	Teresa Kusner	Lakewood OH	54	285	256	55:51.4
11	Gina Croft	AVON OH	50	120	278	58:16.2
12	Evelyn Montalvo	Cleveland OH	54	855	283	58:49.0
13	Susan Markovich		51	38	297	1:01:35.9

2019 Cleveland Heroes Run
Age Group Results

5 Mile Run

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
14	Karelyn Darvas	Cleveland OH	52	166	299	1:02:46.1
15	Courtney Koz	Bay Village OH	51	680	316	1:19:39.6
16	Mary Denzine	Lakewood OH	51	262	322	1:26:43.2

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Debbie Walker	Strongsville OH	55	136	72	42:50.5
2	* patti sparks	rocky river OH	56	210	78	43:04.6
3	* Sara Kuntz	Westlake OH	56	854	124	46:37.7
4	Katherine Zamborsky	Broadview Heights OH	56	107	138	47:27.4
5	Catherine Fox	Cleveland OH	55	75	159	49:10.1
6	Noreen Hernan	Euclid OH	57	14	180	50:42.2
7	Barb Switala	North Olmsted OH	59	6	182	50:45.7
8	Jan Tiedemann	TALLMADGE OH	59	267	215	52:31.5
9	Mellisa Kingery	Lakewood OH	55	137	228	53:26.1
10	Joyce Piteo		58	91	236	53:56.9
11	Brigid Andrews	Cleveland OH	56	741	239	54:02.7
12	Doreen Dever Papajcik	Fairview Park OH	59	814	240	54:04.3
13	Renee Bublavý	CLEVELAND OH	59	1	296	1:01:21.2
14	Carol Rhodes	Belle Vernon PA	58	791	306	1:04:46.2
15	Chris D'Amico	Lakewood OH	59	683	317	1:19:43.6

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Carol Graves	Cleveland OH	63	748	179	50:39.8
2	* Terri Mlckovsky		61	209	205	52:11.5
3	* Diane Dunleavy	Cleveland OH	60	792	227	53:22.3
4	Judith Ditzel	Parma Heights OH	63	221	269	57:03.3
5	Nancy Brown	cleveland OH	62	43	281	58:43.6

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Cindy Willdman	South Euclid OH	67	752	183	50:46.6
2	* Christine Smith	Lakewood OH	65	46	200	51:45.5
3	* Margaret Doran	Middleburg Hts OH	68	139	313	1:11:55.8

Race Date
September 15, 2019

2019 Cleveland Heroes Run
Age Group Results

5 Mile Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Nick Boatman	Lakewood OH	24	29	1	29:41.3
2	Joe Hoover	Cleveland OH	42	861	3	31:57.2
3	Ralph Protano	Cleveland OH	34	801	4	32:58.6

2019 Cleveland Heroes Run
Age Group Results

5 Mile Run

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Charlie Worthington		11	125	71	42:42.3
2 *	William Waters		10	170	104	45:15.8
3 *	Thomas Gorski	Columbia Station OH	9	804	107	45:26.7
4	Lucas Waters		14	127	125	46:42.6

Male 15 to 17

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Bryan J. Curry	Cleveland OH	17	704	9	34:22.2
2 *	Mark Szabo	Avon Lake OH	17	821	23	37:24.0
3 *	Kevin Sonby	Cleveland OH	16	847	41	39:24.1
4	Patrick Curry	Cleveland OH	17	289	57	41:01.3

Male 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Patrick Wells	NORTHFIELD OH	22	280	8	34:08.4
2 *	Nicholas Anderle	Independence OH	21	212	10	34:24.5
3 *	Tyler Hollingsworth	Willowick OH	18	849	14	34:51.8
4	Joseph Fitchwell	Lakewood OH	21	719	21	37:05.4
5	Declan Bialowas	Strongsville OH	23	132	31	38:04.4
6	john hupka	cleveland OH	21	82	102	45:10.5
7	Nicholas Leon	Cleveland OH	21	215	115	46:11.6
8	Daniel Waters	North Canton OH	24	261	121	46:23.4
9	Sean Morrissey	University Heights OH	21	860	145	48:30.8
10	Jacob Pierse	Cleveland OH	24	77	192	51:09.8

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Kevin McCarthy	Lakewood OH	28	707	44	39:38.2
2 *	Canaan Lorek	LAKEWOOD OH	27	26	129	46:57.3
3 *	Ryan Finefrock	Cleveland OH	29	87	156	48:58.0
4	Jeremy Musleh	Cleveland OH	25	810	173	50:17.9
5	Jonathan Niese	Bowling Green OH	27	199	216	52:47.3
6	Tom Orlosky	North Ridgeville OH	28	96	230	53:30.9

2019 Cleveland Heroes Run

Age Group ResultsRace Date
September 15, 2019

5 Mile Run

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gary Ising	Cleveland OH	31	277	11	34:33.7
2 *	Brandon Piteo	CLEVELAND OH	31	27	13	34:51.7
3 *	Michael Smith	AVON OH	32	279	16	35:24.9
4	Tyler Cain	Lakewood OH	33	145	35	38:40.2
5	Nicholas Snyder		30	201	39	39:17.3
6	Chris Diehl	Westlake OH	33	119	46	39:48.5
7	Matt Turoczi	NORTH OLMSTED OH	30	39	76	43:00.0
8	Chris Arpajian	Lakewood OH	33	232	84	43:36.6
9	Jim Edwards	North Olmsted OH	33	101	88	43:59.6
10	David Lam	North Ridgeville OH	33	150	120	46:20.4
11	Charles Slife	Cleveland OH	32	19	127	46:48.1
12	Mark Petro	Avon OH	31	155	163	49:40.1
13	Tony Pinali	Lakewood OH	30	252	171	50:08.7
14	Andrew Thomas	N RIDGEVILLE OH	30	34	191	51:09.3
15	Christopher Farlow	Collins OH	30	99	223	53:18.4
16	Daren Wischmeier		34	240	225	53:20.2
17	Zachary Gladden	PAINESVILLE OH	31	58	263	56:03.6

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Chris Sheehan		35	191	15	35:06.7
2 *	Max Martin	Bay Village OH	39	255	24	37:24.9
3 *	Andrew Belzer	Bay Village OH	35	249	25	37:30.4
4	Kevin Bringman	Fairview Park OH	35	189	26	37:34.1
5	Ryan Bokoch		39	237	27	37:39.8
6	Christopher McNamara	NORTH OLMSTED OH	39	176	30	37:57.8
7	Walter Martens	Avon Lake OH	36	827	38	39:08.8
8	Eric Hageman	Cleveland OH	35	758	47	39:50.2
9	Michael Dutton	Lakewood OH	36	259	55	40:59.0
10	Robert Bove	Rocky River OH	36	37	62	41:40.4
11	Adam Petitt	Fairview Park OH	39	730	63	41:49.5
12	Kevin Hoy	olmsted twp OH	37	246	92	44:15.6
13	Dan Titschinger	Cleveland OH	36	116	94	44:23.7
14	Sean McNeeley	Strongsville OH	37	173	112	45:51.7
15	Ryan Raney	WESTLAKE OH	35	171	116	46:12.1
16	Steven Reuter	Brunswick OH	37	64	130	46:57.4
17	Sean Byrnes	N RIDGEVILLE OH	36	122	172	50:14.6
18	Matthew Luginbill	Cleveland OH	39	130	181	50:42.6
19	Darryl Smigelski	Parma OH	35	151	186	50:57.2
20	Eric Grosso	Parma OH	36	73	226	53:22.2

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
21	Daniel Cobb	Sandusky OH	38	759	232	53:44.1
22	Mauricio Barrios	Cleveland OH	38	229	259	55:57.1

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Derek Richey	Nashville TN	40	278	7	34:03.3
2	* Chris Gibilisco	ROCKY RIVER OH	40	7	37	38:59.6
3	* Robert Garrison	Cleveland OH	40	214	45	39:46.0
4	Joseph Kalinowski	Lakewood OH	44	68	53	40:42.5
5	Chad Rados	WESTLAKE OH	42	233	54	40:52.3
6	Douglas Greuloch	Cleveland OH	40	192	60	41:24.5
7	Kevin Woosley		41	31	64	41:54.0
8	Dan Hinkel	Cleveland OH	40	769	67	42:05.1
9	Christopher Sunyak	Cleveland OH	40	230	96	44:30.0
10	Tom Leskovec	Cleveland OH	40	266	109	45:33.9
11	Scott Sherman	Cleveland OH	41	756	111	45:41.2
12	William Baron	Fairview Park OH	42	81	128	46:48.9
13	Michael Sliwinski	Cleveland OH	43	83	155	48:53.2
14	Miguel Lopez	Cleveland OH	43	290	209	52:16.7
15	Joseph Surtz	Cleveland OH	40	23	212	52:23.5
16	Mark Zolikoff	Olmsted Falls OH	42	685	237	53:59.1
17	Steve Axford		42	274	288	1:00:05.2
18	Adrian Palomo	Wickliffe OH	41	147	289	1:00:26.5
19	Eric Jarvis	Cleveland OH	43	35	290	1:00:47.5

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	* Fred Kieser	Cleveland OH	48	762	5	33:14.8
2	* Jeff Lash	Cleveland OH	47	260	29	37:51.5
3	* Mike Astrab	Strongsville OH	47	66	36	38:46.3
4	Joe Pulizzi	Cleveland OH	46	62	43	39:29.4
5	Patrick Lang	Fairview Park OH	47	684	79	43:05.1
6	Tony Keffer	Avon OH	45	71	85	43:39.2
7	Martin Schafer	Cleveland OH	47	134	117	46:15.0
8	Bill Fazekas	Willoughby OH	47	69	122	46:27.4
9	Michael Daso	LAKEWOOD OH	46	211	139	47:55.9
10	Thomas McIntyre	Strongsville OH	46	157	146	48:35.4
11	Tim Coughlin	Lakewood OH	47	843	149	48:43.3

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
12	Assad Khaishgi	Lakewood OH	45	89	152	48:45.7
13	Matt Gorski	N RIDGEVILLE OH	45	60	154	48:49.8
14	Manny Roman	Elyria OH	46	143	164	49:41.0
15	Sam Livingston	Medina OH	45	142	169	49:55.0
16	Michael Ruane	Cleveland OH	47	288	198	51:39.3
17	Paul Gambon	Cleveland OH	46	251	213	52:23.8
18	Brian Vozar	PARMA OH	45	152	233	53:45.5
19	Brad Lamb	Westlake OH	45	10	243	54:16.3
20	Michael Ozanich	ELYRIA OH	49	247	247	54:41.6
21	John Koz	Bay Village OH	48	682	315	1:19:39.2

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Jeff Cox	North Royalton OH	51	805	12	34:43.9
2 *	Tim Patton	CLEVELAND OH	51	67	17	35:27.3
3 *	Matthew Yetter	Lakewood OH	54	102	20	36:46.1
4	Donald Naymik	Rocky River OH	54	118	33	38:12.2
5	Angel Marrero	Cleveland OH	50	795	34	38:25.3
6	Wes Roepke	Lakewood OH	51	244	91	44:08.6
7	Michael Strauss	Fairview Park OH	50	257	150	48:44.4
8	Joseph Wright	Cleveland OH	53	57	153	48:46.6
9	Greg Kempf	Cleveland OH	51	799	167	49:45.0
10	James Free	North Olmsted OH	50	747	178	50:35.5
11	Jim Marshall	Cleveland OH	53	286	187	50:58.5
12	Gregory Edinger		51	70	195	51:18.9
13	Thomas Jones	North Ridgeville OH	53	830	201	51:45.8
14	John Freehoffer	Copley OH	54	216	253	55:37.7
15	Richard Strain	Canton OH	51	156	257	55:51.7
16	Steve Daymut	Avon OH	50	85	262	56:03.3
17	Brian Sandefur	Elyria OH	53	15	271	57:18.7
18	Scott Hurley	Cleveland OH	50	852	291	1:00:52.0
19	Eric Mullen		52	121	300	1:02:46.1
20	Doug Jett	North Olmsted OH	50	220	320	1:23:28.6

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Chris Anderle	BRECKSVILLE OH	55	213	18	36:12.5
2 *	Ron Kuntz	Westlake OH	59	853	56	41:00.9

Race Date
September 15, 2019

2019 Cleveland Heroes Run

Age Group Results

5 Mile Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
3 *	Timothy Gut	NORTH OLMSTED OH	58	80	70	42:39.6
4	Tom McGuire	Cleveland OH	59	47	80	43:06.6
5	Dan Drellishak	Avon OH	56	141	86	43:57.4
6	David Duffy	n.olmsted OH	55	12	123	46:34.1
7	Clinton Rhodes	Belle Vernon PA	55	790	131	46:58.9
8	Glenn Dorflinger	LYNDHURST OH	59	271	175	50:22.3
9	R Fuchs	Cleveland OH	59	219	206	52:13.4
10	Larry Hermiller	Pandora OH	58	5	234	53:47.2
11	Christopher Grey	Cleveland OH	56	94	250	55:11.4
12	Brian Loveland	Strongsville OH	57	167	264	56:03.7

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Mark Costello	Huron OH	60	234	52	40:37.1
2 *	Brian Sweeney	Cleveland OH	62	223	66	42:02.6
3 *	Will Ross	Bay Village OH	63	809	74	42:56.4
4	Anthony Sampson	Cleveland OH	61	224	99	45:02.7
5	Frank Schaefer	Rocky River OH	61	742	110	45:37.5
6	Michael Benz	Painesville OH	63	238	184	50:46.9
7	Kevin Scott	Lakewood OH	60	816	203	51:54.9
8	Matt Holtz	Rocky River OH	61	754	282	58:45.9
9	michael torok	lakewood OH	63	180	284	58:53.0

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Gary Daignault	Rocky River OH	68	284	32	38:05.8
2 *	Eddie Gonzalez	Cleveland OH	65	287	137	47:23.1
3 *	Steven Streitel	Brecksville OH	66	235	147	48:39.7
4	Terry Specht	Indianapolis IN	66	208	211	52:18.7
5	Ralph Wolford	Brecksville OH	68	848	220	53:05.8
6	Tom Wilson	Warren OH	69	55	245	54:31.0
7	Neal Cash	LAKEWOOD OH	68	105	307	1:04:47.6
8	Scott Jasilionis	Fairview Park OH	66	197	319	1:21:26.3

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
--------------	-------------	-------------	------------	---------------	----------------	-------------

Race Date
September 15, 2019

2019 Cleveland Heroes Run
Age Group Results

5 Mile Run

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1 *	Bob Burrows	Lakewood OH	72	78	48	40:07.1
2 *	Dale Sherry	Amherst OH	76	76	166	49:43.8
3 *	Glenn Friedman	Cleveland OH	71	45	197	51:19.8
4	Dennis Schuler	N RIDGEVILLE OH	72	110	210	52:17.5