

CLEVELAND HEROES 5 MILE - 2 MILE

Race Date
September 18, 2016

Overall Finish List

5 MILE RUN WALK

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Mark Grogan	Bay Village OH	247	27	M	1 Top Fin	26:56.9	5:23/M
2	FRED KIESER	Cleveland OH	83	45	M	2 Top Fin	28:34.0	5:43/M
3	Nick Boatman	Lakewood OH	4	21	M	3 Top Fin	29:49.8	5:58/M
4	Ralph Protano	Fairview Park OH	224	31	M	1 30-34	33:20.1	6:40/M
5	Joseph Surtz	Cleveland OH	152	37	M	1 35-39	34:37.6	6:55/M
6	John Fazio	Middleburg Hts. OH	41	40	M	1 40-44	34:41.9	6:56/M
7	Brad Ingram	Lexington OH	239	60	M	1 60-64	35:29.1	7:06/M
8	Max Martin	Lakewood OH	101	36	M	2 35-39	36:17.5	7:15/M
9	Mick Gaul	Westlake OH	50	32	M	2 30-34	36:57.8	7:23/M
10	Tom Schloemer	Cleveland OH	214	52	M	1 50-54	37:09.4	7:26/M
11	Matthew Yetter	Lakewood OH	173	51	M	2 50-54	37:35.0	7:31/M
12	Mary Lehane	cleveland OH	96	26	F	1 Top Fin	38:07.8	7:37/M
13	Ben Switala		232	29	M	1 25-29	38:21.2	7:40/M
14	NEIL DOSTAL	CLEVELAND OH	31	55	M	1 55-59	38:30.1	7:42/M
15	Susan Navratil	Rocky River OH	114	54	F	2 Top Fin	38:44.2	7:45/M
16	Jeff Lash	Cleveland OH	94	44	M	2 40-44	38:52.7	7:46/M
17	Lance Ream	Kirtland OH	195	42	M	3 40-44	39:00.7	7:48/M
18	Patrick Condon	Painesville OH	15	44	M	4 40-44	39:12.6	7:50/M
19	Kathryn Matson	Independence OH	196	31	F	3 Top Fin	39:19.0	7:52/M
20	Angel Marrero	Cleveland OH	199	47	M	1 45-49	39:21.8	7:52/M
21	Jordan Daugherty	Olmsted Twp OH	248	26	F	1 25-29	39:27.0	7:53/M
22	Zach Wallenhorst	Westlake OH	163	27	M	2 25-29	39:48.2	7:58/M
23	PETER McGREAL	AVON OH	106	13	M	1 1-14	39:54.0	7:59/M
24	LIZ FOX	Avon OH	221	37	F	1 35-39	39:58.8	8:00/M
25	John Polito	Avon OH	217	64	M	2 60-64	40:13.7	8:03/M
26	Joe Pulizzi	Cleveland OH	125	43	M	5 40-44	40:16.5	8:03/M
27	Erin Samide	Cleveland OH	236	42	F	1 40-44	40:30.1	8:06/M
28	Patrick Mason	Valley City OH	102	40	M	6 40-44	40:32.4	8:06/M
29	Marissa Edwards	north olmsted OH	34	31	F	1 30-34	40:35.6	8:07/M
30	TIMOTHY GUT	NORTH OLMSTED	65	55	M	2 55-59	40:54.8	8:11/M
31	LYNDSY ROSER	MEDINA OH	133	33	F	2 30-34	41:07.8	8:13/M
32	Jude Feyedelem	Lakewood OH	42	40	M	7 40-44	41:13.8	8:15/M
33	Tom McGuire	Cleveland OH	107	56	M	3 55-59	41:17.2	8:15/M
34	Dave Haas	Westlake OH	215	25	M	3 25-29	41:17.5	8:15/M
35	James McWilliam	Medina OH	108	43	M	8 40-44	41:18.5	8:16/M
36	Joe Dever	Cleveland OH	184	23	M	1 18-24	41:19.2	8:16/M
37	Aubrey Christ	Cleveland OH	243	42	F	2 40-44	41:25.7	8:17/M
38	Martin Christ	Fairview Park OH	244	44	M	9 40-44	41:25.7	8:17/M
39	MARY BETH CHAMBERS	WESTLAKE OH	13	59	F	1 55-59	41:30.2	8:18/M
40	BRIAN SWEENEY	CLEVELAND OH	153	59	M	4 55-59	41:35.1	8:19/M
41	Jim Edwards	North Olmsted OH	35	30	M	3 30-34	41:52.2	8:22/M
42	Nathan Ream	Kirtland OH	194	10	M	2 1-14	42:02.3	8:24/M
43	Mike Gerak	Cleveland OH	52	39	M	3 35-39	42:11.6	8:26/M
44	Joseph Kalinowski	lakewood OH	79	42	M	10 40-44	42:17.7	8:27/M
45	Collin Cunningham	Fairview park OH	21	25	M	4 25-29	42:27.2	8:29/M
46	Liz Ludwig	Brunswick OH	250	32	F	3 30-34	42:27.9	8:29/M
47	Ellen Boehm	Rocky River OH	234	36	F	2 35-39	42:29.4	8:30/M

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Paul Archer	Elyria OH	2	46	M	2 45-49	42:31.1	8:30/M
49	Anthony Sampson	Cleveland OH	238	58	M	5 55-59	42:36.8	8:31/M
50	Brian Fox	Avon OH	220	39	M	4 35-39	42:38.0	8:32/M
51	Matt Turoczi	North Olmsted OH	160	27	M	5 25-29	42:41.6	8:32/M
52	JOSEPH KASTELIC	CLEVELAND OH	80	14	M	3 1-14	42:44.4	8:33/M
53	Samantha Riley	Cleveland OH	132	22	F	1 18-24	42:47.2	8:33/M
54	Patrick Kelly	Strongsville OH	257	55	M	6 55-59	42:48.3	8:34/M
55	Ron Ok	North Olmsted OH	120	28	M	6 25-29	43:00.0	8:36/M
56	Bradley Franks	Middleburg Heights	44	15	M	1 15-17	43:02.4	8:36/M
57	Tim O'Toole	Cleveland OH	206	56	M	7 55-59	43:04.9	8:37/M
58	Steven Reuter	Brunswick OH	129	34	M	4 30-34	43:25.6	8:41/M
59	Jamie Wilson	Huron OH	169	31	F	4 30-34	43:36.4	8:43/M
60	Angelo Calvillo	Cleveland OH	9	53	M	3 50-54	43:51.5	8:46/M
61	Justin Ludwig	Brunswick OH	251	31	M	5 30-34	43:52.5	8:46/M
62	Michael Gallagher	Cleveland OH	47	63	M	3 60-64	43:58.4	8:48/M
63	Scott Hank	Fairview Park OH	66	46	M	3 45-49	44:01.6	8:48/M
64	Adam Petitt	Fairview Park OH	216	36	M	5 35-39	44:01.6	8:48/M
65	Frank Schaefer	Rocky River OH	138	58	M	8 55-59	44:05.8	8:49/M
66	Jerry Huber	Cleveland OH	74	63	M	4 60-64	44:10.0	8:50/M
67	Sean McNeeley	Strongsville OH	198	34	M	6 30-34	44:18.1	8:52/M
68	Michelle Archer	Elyria OH	1	44	F	3 40-44	44:24.2	8:53/M
69	Lee Anne Chambers	Cleveland OH	14	48	F	1 45-49	44:27.5	8:53/M
70	James Hughes	North Olmsted OH	75	50	M	4 50-54	44:41.6	8:56/M
71	Bob Burrows	Lakewood OH	210	69	M	1 65-69	44:58.0	9:00/M
72	Bill Fazekas	Willoughby OH	40	44	M	11 40-44	45:00.6	9:00/M
73	Ashley Cranston	Akron OH	16	28	F	2 25-29	45:02.6	9:00/M
74	Joseph Colombo	Cleveland OH	181	55	M	9 55-59	45:09.5	9:02/M
75	Christopher Gillard	Cleveland OH	54	48	M	4 45-49	45:10.0	9:02/M
76	Jeff Laturell	Mentor OH	95	57	M	10 55-59	45:19.9	9:04/M
77	Melissa Campbell	Bellevue OH	10	25	F	3 25-29	45:32.0	9:06/M
78	Debbie Corrigan	Cleveland OH	188	32	F	5 30-34	45:32.6	9:06/M
79	JENNIFER KING	STRONGSVILLE OH	85	30	F	6 30-34	45:46.0	9:09/M
80	Andrew Posante	Fairview Park OH	123	31	M	7 30-34	45:57.8	9:11/M
81	Kelly Smith	Fairview park OH	145	32	F	7 30-34	45:58.1	9:12/M
82	Dennis Goodrich	Parma OH	58	51	M	5 50-54	46:10.9	9:14/M
83	Michael Ruane	Cleveland OH	134	44	M	12 40-44	46:19.3	9:16/M
84	John Dever	Fairview Park OH	258	48	M	5 45-49	46:58.6	9:24/M
85	Christin Vernick	Cleveland OH	162	31	F	8 30-34	47:02.5	9:24/M
86	Jamie DelVecchio	Cleveland OH	26	28	F	4 25-29	47:08.1	9:26/M
87	Paul Gambon	Cleveland OH	191	43	M	13 40-44	47:16.7	9:27/M
88	Matthew Planisek	Avon OH	122	41	M	14 40-44	47:19.1	9:28/M
89	KELLY JABLONAWSKI	LAKEWOOD OH	76	45	F	2 45-49	47:30.5	9:30/M
90	Maureen Soeder	Cleveland OH	146	36	F	3 35-39	47:32.4	9:30/M
91	John Webster	Bay Village OH	249	33	M	8 30-34	47:34.8	9:31/M
92	Catherine Fox	Cleveland OH	43	52	F	1 50-54	47:38.8	9:32/M
93	Rob Fuchs	Cleveland OH	237	56	M	11 55-59	47:46.5	9:33/M
94	Catherine Gallagher	Westlake OH	46	56	F	2 55-59	47:54.4	9:35/M

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95	JOHN WOIDKE	CLEVELAND OH	171	40	M	15 40-44	48:08.4	9:38/M
96	John Marcini	Cleveland OH	256	52	M	6 50-54	48:08.6	9:38/M
97	Jessica Sidoti	Rocky River OH	229	39	F	4 35-39	48:11.0	9:38/M
98	Bradley Galvan	Middleburg Heights	48	30	M	9 30-34	48:21.3	9:40/M
99	Glenn Friedman	Cleveland OH	45	68	M	2 65-69	48:22.7	9:40/M
100	Oscar Mejia	Fairview Park OH	109	26	M	7 25-29	48:34.4	9:43/M
101	Rosa Morales	Brooklyn OH	112	28	F	5 25-29	48:36.2	9:43/M
102	Laureen Antall	Cleveland OH	180	32	F	9 30-34	48:42.2	9:44/M
103	Rebecca Lewis	Akron OH	99	28	F	6 25-29	48:48.8	9:46/M
104	Chas Comella	Cuyahoga Falls OH	253	28	M	8 25-29	48:48.9	9:46/M
105	James Carney	Cleveland OH	233	14	M	4 1-14	48:51.2	9:46/M
106	Celeste Hodous	Avon OH	245	34	F	10 30-34	48:56.2	9:47/M
107	Robert Bove	Rocky River OH	7	33	M	10 30-34	48:58.5	9:48/M
108	Keri Bove	Rocky River OH	6	32	F	11 30-34	48:58.8	9:48/M
109	Michael Strauss	Fairview Park OH	151	47	M	6 45-49	49:14.2	9:51/M
110	Suzanne Martis	Cleveland OH	219	39	F	5 35-39	49:40.6	9:56/M
111	Jennifer Gleba	North olmstad OH	57	28	F	7 25-29	49:43.1	9:57/M
112	Laurie Laturell	Mentor OH	231	56	F	3 55-59	49:46.9	9:57/M
113	Jeff Koons	Lakewood OH	87	38	M	6 35-39	49:59.6	10:00/M
114	Kathleen Nofel	Middleburg Heights	118	51	F	2 50-54	50:14.1	10:03/M
115	James Lupton	Parma OH	225	45	M	7 45-49	50:14.5	10:03/M
116	William Mone	Cleveland OH	111	65	M	3 65-69	50:14.6	10:03/M
117	Brenda Reeves	Oberlin OH	127	58	F	4 55-59	50:22.4	10:04/M
118	Anita Simko	Elyria OH	142	52	F	3 50-54	50:25.4	10:05/M
119	Rosy Szucs	Columbia Station OH	156	52	F	4 50-54	50:31.6	10:06/M
120	Michael Daso	Lakewood OH	25	43	M	16 40-44	50:34.1	10:07/M
121	Patrick Goetz	Avon OH	235	44	M	17 40-44	50:35.7	10:07/M
122	Michael Sliwinski	Cleveland OH	143	40	M	18 40-44	50:38.4	10:08/M
123	Matthew Harley	VALLEY CITY OH	69	43	M	19 40-44	50:38.7	10:08/M
124	Sara Sofranko	Parma OH	147	27	F	8 25-29	50:41.0	10:08/M
125	Mary Harley	valley city OH	68	42	F	4 40-44	50:50.3	10:10/M
126	Earl Hazelton	Rocky River OH	252	67	M	4 65-69	50:59.5	10:12/M
127	Geoffrey Lapsevich	Middleburg Heights	93	11	M	5 1-14	51:26.6	10:17/M
128	Katelynn Greller	Rocky River OH	62	28	F	9 25-29	51:26.8	10:17/M
129	Danielle Gray	cleveland OH	61	35	F	6 35-39	51:29.7	10:18/M
130	DAN WARD		165	41	M	20 40-44	51:47.8	10:21/M
131	Heather Gorski	North Ridgeville OH	59	35	F	7 35-39	51:48.0	10:22/M
132	Robert Strain	New Orleans LA	150	48	M	8 45-49	51:52.0	10:22/M
133	Richard Strain	Canton OH	255	48	M	9 45-49	51:52.2	10:22/M
134	Jennifer Gelske	north ridgeville OH	51	36	F	8 35-39	51:56.8	10:23/M
135	Jenny Sedlak	Cleveland OH	140	39	F	9 35-39	51:57.4	10:23/M
136	KATHLEEN WARD		164	42	F	5 40-44	52:03.3	10:25/M
137	Ralph Wolford	Richfield OH	254	65	M	5 65-69	52:04.1	10:25/M
138	Megan Gorski	Columbia Station OH	60	32	F	12 30-34	52:09.6	10:26/M
139	RAchel Elbon	Cleveland OH	189	32	F	13 30-34	52:31.2	10:30/M
140	Mark Frazier		193	50	M	7 50-54	52:32.4	10:30/M
141	Pat Gallagher	Bay Village OH	246	59	M	12 55-59	52:44.1	10:33/M

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5 MILE RUN WALK

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Barb Switala	North Olmsted OH	155	56	F	5 55-59	52:48.0	10:34/M
143	Christopher Grey	Cleveland OH	64	53	M	8 50-54	52:51.6	10:34/M
144	Patrick O'Boyle	Cleveland OH	119	18	M	2 18-24	52:52.8	10:34/M
145	Mary Katherine Carty	avon OH	12	42	F	6 40-44	53:07.0	10:37/M
146	Kristin Nelson	Avon OH	115	35	F	10 35-39	53:07.5	10:37/M
147	Cindy Horn	Avon Lake OH	73	41	F	7 40-44	53:13.4	10:39/M
148	magdiel santana	Cleveland OH	200	36	M	7 35-39	53:24.2	10:41/M
149	Tom Wilson	Warren OH	170	66	M	6 65-69	53:32.1	10:42/M
150	Dennis Schuler	North Ridgeville OH	139	69	M	7 65-69	53:35.3	10:43/M
151	TIM PATTON	Cleveland OH	207	48	M	10 45-49	53:57.1	10:47/M
152	Laura Breese	Elyria OH	228	42	F	8 40-44	53:57.2	10:47/M
153	Angie Zouhar	North Ridgeville OH	179	47	F	3 45-49	53:57.4	10:47/M
154	Anne-Marie James	Brook Park OH	77	39	F	11 35-39	53:57.7	10:47/M
155	Milisa Strain	Canton OH	149	46	F	4 45-49	53:59.1	10:48/M
156	James Crawford	Lakewood OH	18	54	M	9 50-54	54:27.2	10:53/M
157	Renee Foley	Cleveland OH	201	47	F	5 45-49	54:37.5	10:55/M
158	David Sandoval	Chagrin Falls OH	136	51	M	10 50-54	54:38.0	10:56/M
159	Carlos Dabila	CLEVELAND OH	23	61	M	5 60-64	54:46.1	10:57/M
160	Julie Youdath	Cleveland OH	174	52	F	5 50-54	54:52.9	10:58/M
161	Colleen Gilson	Cleveland OH	56	45	F	6 45-49	54:53.0	10:59/M
162	Debra Waters	Brook Park OH	166	47	F	7 45-49	54:54.2	10:59/M
163	Tom Lazzaro	Lakewood OH	212	41	M	21 40-44	54:56.9	10:59/M
164	Darryl Smigelski	Parma OH	144	32	M	11 30-34	55:19.5	11:04/M
165	James Houska	Berea OH	242	39	M	8 35-39	55:27.3	11:05/M
166	Frank Zeleznikar	Parma OH	178	38	M	9 35-39	55:33.2	11:07/M
167	Michael Thomas	Parma OH	159	69	M	8 65-69	55:43.8	11:09/M
168	Tim Tallaksen	Avon Lake OH	158	48	M	11 45-49	55:55.7	11:11/M
169	Eric Patalinghug	Cleveland OH	222	32	M	12 30-34	55:56.1	11:11/M
170	keri HILL	STRONGSVILLE OH	71	20	F	2 18-24	56:17.5	11:15/M
171	Sharlie Dickey	Seven hills OH	28	20	F	3 18-24	56:18.2	11:16/M
172	Penny Swierad	Strongsville OH	154	59	F	6 55-59	56:38.6	11:20/M
173	Brad Lamb	Westlake OH	91	42	M	22 40-44	56:58.0	11:24/M
174	Nina Kimpton	Avon OH	84	54	F	6 50-54	57:00.4	11:24/M
175	Brian Loveland	Strongsville OH	100	54	M	11 50-54	57:25.2	11:29/M
176	Kay Young	Parma OH	175	46	F	8 45-49	57:31.9	11:30/M
177	Antonio Ramos	Cleveland OH	208	52	M	12 50-54	57:39.5	11:32/M
178	Diane Dunleavy	Cleveland OH	204	57	F	7 55-59	58:12.2	11:38/M
179	Joann Rencz	Sevenhills OH	128	58	F	8 55-59	58:12.2	11:38/M
180	Theresa Kearns	Avon OH	259	52	F	7 50-54	58:18.5	11:40/M
181	Karelyn Darvas	Cleveland OH	24	49	F	9 45-49	58:35.4	11:43/M
182	Nina Greller	Olmsted Twp. OH	63	48	F	10 45-49	58:49.9	11:46/M
183	John Gielink	Fairport Harbor OH	53	51	M	13 50-54	58:56.9	11:47/M
184	Jim Burke	Willowick OH	218	67	M	9 65-69	58:58.3	11:48/M
185	Christine Ahrens	Lakewood OH	211	42	F	9 40-44	59:32.8	11:54/M
186	Susan Olson	Bay Village OH	223	54	F	8 50-54	59:33.1	11:55/M
187	Ryan Livingston	Medina OH	227	11	M	6 1-14	59:35.7	11:55/M
188	Samuel Livingston	Medina OH	226	42	M	23 40-44	59:39.0	11:56/M

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189	Kaitlyn Redovian	Fairlawn OH	126	24	F	4 18-24	59:45.0	11:57/M
190	Scott Hurley	Cleveland OH	209	47	M	12 45-49	59:47.3	11:57/M
191	Mickey Mencin	Olmsted Falls OH	110	55	F	9 55-59	59:49.3	11:58/M
192	Doreen Doran	Brunswick OH	29	57	F	10 55-59	1:00:00.2	12:00/M
193	Tina Esson	North Olmsted OH	37	29	F	10 25-29	1:00:35.9	12:07/M
194	Todd Esson	North Olmsted OH	38	32	M	13 30-34	1:00:36.0	12:07/M
195	Nona Konchan	Cleveland OH	183	38	F	12 35-39	1:00:44.2	12:09/M
196	James Young	Parma OH	177	46	M	13 45-49	1:00:48.9	12:10/M
197	Nichole Young	Parma OH	176	25	F	11 25-29	1:00:49.0	12:10/M
198	Jessica Walsh-Frazier		197	23	F	5 18-24	1:02:01.2	12:24/M
199	Bonnie Tallaksen	Avon Lake OH	157	48	F	11 45-49	1:02:16.9	12:27/M
200	Janice Goldberg	Cleveland OH	240	52	F	9 50-54	1:03:24.4	12:41/M
201	Tiffany Kral	Fairview Park OH	89	28	F	12 25-29	1:03:53.2	12:47/M
202	David Harkacz	Lorain OH	67	25	M	9 25-29	1:03:55.4	12:47/M
203	Susan Kelley	cleveland OH	182	59	F	11 55-59	1:04:05.2	12:49/M
204	Melissa Ford	Copley OH	187	36	F	13 35-39	1:04:13.5	12:51/M
205	Miki Gerblich	Beachwood OH	241	44	F	10 40-44	1:04:15.1	12:51/M
206	Carol Maxwell	North Olmsted OH	103	52	F	10 50-54	1:04:31.4	12:54/M
207	Joelle Williams	Olmsted Twp. OH	168	38	F	14 35-39	1:07:44.9	13:33/M
208	Kevin Cukrowicz	Rocky River OH	20	49	M	14 45-49	1:07:53.4	13:35/M
209	Ronald Likever	University Heights	203	60	M	6 60-64	1:08:11.1	13:38/M
210	Rosanne Barnhart	Cleveland OH	3	59	F	12 55-59	1:09:58.0	14:00/M
211	Morgan Rudolph	Fairview Park OH	135	12	F	1 1-14	1:12:25.7	14:29/M
212	Sara Borlie	Eastlake OH	5	30	F	14 30-34	1:12:25.8	14:29/M
213	Margaret Doran	Middleburg Hts OH	30	65	F	1 65-69	1:13:58.9	14:48/M
214	RICK SWIERAD	Strongsville OH	230	61	M	7 60-64	1:13:59.1	14:48/M
215	Joe Jez	Bay Village OH	78	55	M	13 55-59	1:16:43.6	15:21/M
216	Luise Easton	Olmsted Falls OH	33	77	F	1 70-99	1:16:44.1	15:21/M
217	kathryn crestani	fairview park OH	19	44	F	11 40-44	1:16:52.7	15:22/M
218	Katie Kovach	Port Deposit MD	88	32	F	15 30-34	1:17:39.3	15:32/M
219	Jessica Lambert	Medina OH	92	35	F	15 35-39	1:17:39.4	15:32/M